



THE CHILDREN'S KITCHEN

THREE WEEK

MENU

WEEK 1

W/B: 3rd November,
24th November and
1st December

HOT SPECIALS

DAILY FAVES

MONDAY

Butternut squash and
coconut curry (mild)
Or
Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread (wheat)
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

TUESDAY

Oven baked white fish
Roasted pepper and
tomato sauce (fish)
Or
Jacket potatoes with
cheese and beans (milk)

Homemade bread (wheat)
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own pizza
(wheat, milk)
Or
Egg fried rice with
edamame beans
(soy, egg)

Salad bar
Seasonal vegetables

THURSDAY

Beef lasagne
(wheat, celery, milk)
Or
Noodles stir fry
(soy, wheat)

Homemade bread (wheat)
Salad bar
Seasonal vegetables

FRIDAY

Crispy kentucky chicken
thighs
(wheat)
Or
Bread crumbed tofu
(soya, wheat)

Homemade bread (wheat)
Skin on French fries
Salad bar
Seasonal vegetables

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)

Fruit and yoghurt available daily

WEEK 2

W/B: 10th November
01st December

HOT SPECIALS

DAILY FAVES

MONDAY

Mac n' cheese

(wheat and milk)

Or

Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread (wheat)

Salad bar

Seasonal vegetables

TUESDAY

Oven baked salmon

Roasted pepper and
tomato sauce

(fish)

Or

Soya chilli con carne (soya)

Homemade bread (wheat)

Wholemeal Rice

Salad bar

Seasonal vegetables

Cake of the day

(wheat, egg)

WEDNESDAY

Make your own pizza

(wheat, milk)

Or

Vegetarian miso noodle
soup (soya)

Salad bar

Seasonal vegetables

THURSDAY

Homemade sausage and
mash

(wheat, milk)

Or

Veggie cottage pie (milk)

Homemade bread (wheat)

Homemade gravy

Seasonal vegetables

Steamed rice

Cake of the day

(wheat, egg)

FRIDAY

BBQ chicken drumsticks

Or

BBQ cauliflower popcorn

Homemade bread (wheat)

Skin on French fries

Salad bar

Seasonal vegetables

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choice from the set menu (common allergens labelled)

WEEK 3

W/B: 17th November
and 8th December

HOT SPECIALS

DAILY FAVES

MONDAY

Spaghetti bolognese
(wheat, celery)
Or
Tofu pad tai noodles
(soya)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

TUESDAY

Tex-mex bean taco (mild)
Or
Jacket potatoes with
mackerel/tuna mayo or
hummus (fish)

Soft tacos (wheat)
wholemeal Rice
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own pizza
(wheat, milk)
Or
Homemade tomato soup
with homemade garlic
bread (Wheat)

Salad bar
Seasonal vegetables

THURSDAY

Roast of the day
Or
Homemade veggie
sausages
(wheat)

Homemade bread (wheat)
Roast potatoes
Homemade gravy
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

FRIDAY

Breaded fish of the day
(wheat, fish)
Or
Bread crumbed halloumi
(milk, wheat)

Skin on French fries
Salad bar
Seasonal vegetables

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)