



Designed by
Rebecca Lovell

THE CHILDREN'S KITCHEN

THREE WEEK MENU

SUMMER TERM

£2.50

Every meal will be served with a dessert of the day. Dessert examples: reduced sugar and fruit/veg incorporated Cake twice a week, fresh fruit platter, Greek yogurt and honey or fruit compote. Water (or milk on request) to drink.

WEEK 1

W/B: 5th June and 26th
June and 17th July

HOT SPECIALS

DAILY FAVES

MONDAY

Mac n' cheese
(wheat, mustard, milk)
OR
Tomato Pasta Bake
(wheat, sulphite, milk)

Homemade wholemeal
bread
(wheat)
Salad bar
Seasonal vegetables

TUESDAY

Beef Lasagne
(wheat, Milk)
Or
Cheese potato bake
(milk)

Homemade wholemeal
bread
(wheat)
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own Pizza
(wheat, milk)
Or
Tomato Soup
with homemade garlic bread
(Wheat)

Salad bar
Seasonal vegetables

THURSDAY

Spaghetti Bolognaise
(milk, wheat) (Gluten free available)
OR
Jacket potatoes with
tuna/pilchard mayonnaise or
beans and cheese
(eggs, milk, fish)

Salad bar
Seasonal vegetables

FRIDAY

Panko breadcrumbed fish of
the day
(fish, wheat)
OR
Sweetcorn fritters
(milk, wheat)

Chips
Salad bar
Seasonal vegetables
Homemade Ketchup
(sulphites)

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)

WEEK 2

W/B: 12th June and 3rd July

HOT SPECIALS

DAILY FAVES

MONDAY

Mac n' cheese
(wheat, mustard, milk)
OR
Tomato Pasta Bake
(wheat, sulphite, milk)

Homemade wholemeal
bread
(wheat)
Salad bar
Seasonal vegetables

TUESDAY

Jacket potatoes with
tuna/pilchard mayonnaise or
beans and cheese
(eggs, milk, fish)
Or
Veggie Lasagne
(wheat, milk)

Salad bar
Seasonal vegetables

WEDNESDAY

Chicken Fajita
With cheese and sour cream
(Milk)
OR
Or Veggie Fajita
With cheese and sour cream
(milk)

Wraps
(wheat)
Steamed rice
Shredded lettuce
Salsa
Salad Bar

THURSDAY

Veggie Paella (new
improved recipe!)
Or
Tomato Soup with
Homemade Garlic Bread
(wheat)

Salad bar
Seasonal vegetables

FRIDAY

BBQ Chicken Drumsticks
(mustard, sulphites)
Or
BBQ Cauliflower Wings
(mustard, sulphites)

Chips
Salad bar
Seasonal vegetables
Homemade Ketchup
(sulphites)

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WEEK 3

W/B: 19th June and
10th July

HOT SPECIALS

DAILY FAVES

MONDAY

Summer Risotto
(milk)
Or
Tomato Pasta Bake
(wheat, milk)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables

TUESDAY

Chicken Tikka
Or
Veggie Tikka

Pilau rice
Naan Bread
(wheat)
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own Pizza
(wheat, milk)
Or
Tomato Soup
with homemade garlic bread
(Wheat)

Salad bar
Seasonal vegetables

THURSDAY

Homemade Sausage Rolls
(wheat)
Or
Jacket potatoes with
tuna/pilchard mayonnaise or
beans and cheese
(eggs, milk, fish)

Homemade wholemeal
bread
(wheat)
Salad bar
Seasonal vegetables

FRIDAY

Homemade Fishcakes
(wheat, fish, milk)
Or
Homemade Veggie cakes
(Wheat)

Chips
Salad bar
Seasonal vegetables
Homemade Ketchup
(sulphites)

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