Reaching New Heights Together

The Grove School

THE CHILDREN'S KITCHEN

THREE WEEK MENU

WEEK 1

W/B: 2nd November, 23rd November, 14th December

	HOT SPECIALS	DAILY FAVES
MONDAY	Homemade carbonara pasta (wheat, egg, milk) Or Homemade 10 veg tomato sauce pasta (wheat, celery) (V)	Homemade bread (wheat) Salad bar Seasonal vegetables
TUESDAY	Build your own fish taco (fish) Or Jacket potatoes with cheese and beans (milk) (V)	Wholemeal soft taco (Wheat) Homemade bread (wheat) Wholemeal Rice Salad bar Seasonal vegetables
WEDNESDAY	Make your own pizza (wheat, milk) (V) Or Egg fried rice with edamame beans (soy, egg)	Homemade bread (wheat) Salad bar Seasonal vegetables
THURSDAY	Homemade beef lasagne (wheat, celery, milk) OR Homemade tomato pinwheels (wheat) (V)	Homemade bread (wheat) Roast potatoes Salad bar Seasonal vegetables
FRIDAY	BBQ sticky chicken wings Or Golden halloumi and tofu bites (milk, wheat, soya)(V)	Homemade bread (wheat) Oven baked chips Salad bar Seasonal vegetables Cake of the day (wheat)

Allergen free options will always be available and we aim to match at least 1 choice from the set menu (common allergens labelled)

Fruit and yoghurt available daily

WEEK 2

W/B: 9th November, 30th November

	HOT SPECIALS	DAILY FAVES
MONDAY	Super cheesy mac (wheat, milk) Or Homemade 10 veg tomato sauce pasta (wheat, celery)(V)	Homemade bread (wheat) Salad bar Seasonal vegetables
TUESDAY	Build your own veggie taco (soya)(V) Or Oven baked salmon Creamy butternut squash sauce (fish)	Homemade bread (wheat) Wholemeal soft tacos (Wheat) Wholemeal rice Salad bar Seasonal vegetables
WEDNESDAY	Make your own pizza (wheat, milk)(V) Or Vegetarian Paella (soya, celery)(V)	Homemade bread (wheat) Salad bar Seasonal vegetables
THURSDAY	Homemade sausage roll (wheat) Or Homemade moroccan vegetarian falafel (wheat)(V)	Homemade bread (wheat) Seasonal vegetables Roast potatoes
FRIDAY	Breaded fish of the day (wheat, fish) Or Cauliflower popcorn (wheat)(V)	Homemade bread (wheat) Skin on french fries Salad bar Seasonal vegetables Cake of the day (wheat)

* Allergen free options will always be available and we aim to match at least 1 choice from the set menu (common allergens labelled)

WEEK 3

W/B: 16th November, 7th December

	HOT SPECIALS	DAILY FAVES
MONDAY	Homemade pesto pasta (wheat, milk)(V) Or Homemade 10 veg tomato sauce pasta (wheat, celery)(V)	Homemade bread (wheat) Salad bar Seasonal vegetables
TUESDAY	Tex-mex bean taco (mild)(V) Or Loaded fish Jacket potatoes with mackerel/tuna mayo or hummus	Homemade bread (wheat) Wholemeal soft tacos (Wheat) wholemeal rice Salad bar Seasonal vegetables
WEDNESDAY	Make your own pizza (wheat, milk)(V) Or Homemade tomato soup With garlic dippers (wheat)(V)	Homemade bread (wheat) Salad bar Seasonal vegetables
THURSDAY	Autumn roast chicken Or Homemade veggie crunch bites (wheat)(V)	Homemade bread (wheat) Roast potatoes Homemade gravy Salad bar Seasonal vegetables
FRIDAY	Crunchy chicken strips (wheat) Or Rainbow tofu skewers (wheat, soya)(V)	Homemade bread (wheat) Oven baked chips Salad bar Seasonal vegetables Cake of the day (wheat)

Allergen free options will always be available and we aim to match at least 1 choice from the set menu (common allergens labelled)