

# THE CHILDREN'S KITCHEN



THREE WEEK MENU

SUMMER TERM

£2.50

Every meal will be served with a dessert of the day. Dessert examples: reduced sugar and fruit/veg incorporated Cake twice a week, fresh fruit platter, Greek yogurt and honey or fruit compote. Water (or milk on request) to

## WEEK 1

W/B: 10th June, 1st July and 22nd July

### HOT SPECIALS

Creamy Pesto Pasta

(wheat, milk)

Or

#### DAILY FAVES

Pasta with homemade tomato sauce (wheat) ONESDAY TUFSDAY Marco's Fish Tacos

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

(fish) Or lacket potatoes with cheese and beans

Taco Salsa Steamed Rice Salad bar Seasonal vegetables

Make your own Pizza (wheat, milk) Or **Tomato Soup** with homemade garlic bread

(milk)

Salad bar Seasonal vegetables

FRIDAY THURSDAY

Cheese whirls (wheat, milk) OR Vegetarian stir-fry noodle (wheat, egg)

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

Crispy Chicken Thighs (wheat) OR Bread crumbed Halloumi (milk, wheat)

Skin on French fries Salad bar Seasonal vegetables Ketchup (sulphites)

Allergen free options will always be available and we aim to match at least I choice from the set menu (common allergens labelled)

# WEEK 2 W/B: 17th June and 8th July

### HOT SPECIALS DAILY FAVES

EDNESDAY TUESDAY MONDAY

FRIDAY THURSDAY

Spaghetti Bolognese (wheat) OR Pesto Pasta (wheat and milk)

Vegetarian fried rice (egg, sesame) OR Jacket potatoes with tuna/pilchard mayonnaise or beans and cheese

Make your own Pizza (wheat, milk) Or Tomato Soup with homemade garlic bread (Wheat)

(eggs, milk, fish)

Chicken burrito (wheat) Or Sweetcorn burrito (wheat)

Fish of the Day (wheat, fish) OR Breadcrumbed Halloumi (milk, wheat)

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

Salad bar Seasonal vegetables

Homemade wholemeal bread (wheat) Roast potatoes Seasonal vegetables

Triple cooked Chips Salad bar Seasonal vegetables Ketchup (sulphites)

Allergen free options will always be available and we aim to match at least I choice from the set menu (common allergens labelled)

# WEEK 3 W/B: 24th June and 15th July

#### HOT SPECIALS DAILY FAVES

JESDAY TUESDAY

Mac n' cheese (wheat and milk) OR Pasta with homemade

tomato sauce (wheat)

Homemade wholemeal (wheat) Salad bar Seasonal vegetables

Chicken Taco OrVeggie Taco

Tacos Salsa Steamed Rice Salad bar Seasonal vegetables

Make your own Pizza (wheat, milk) Or Tomato Soup with homemade garlic bread (Wheat)

Salad bar Seasonal vegetables

Roasted Fish of the day (fish) Or lacket potatoes with beans and cheese (milk)

Homemade wholemeal bread (wheat) Roast potatoes Salad bar Seasonal vegetables

Homemade Beef burgers (wheat, milk and mustard) Or Homemade Vegetarian burgers

(wheat and milk)

Skin on French fries Salad bar Seasonal vegetables Homemade Ketchup (sulphites)