



# THE CHILDREN'S KITCHEN

THREE WEEK MENU

AUTUMN TERM

£2.50

# WEEK 1

W/B: 2<sup>nd</sup> September,  
23<sup>rd</sup> September and  
14<sup>th</sup> October

## HOT SPECIALS

## DAILY FAVES

MONDAY

Creamy Pea Pasta  
(wheat, milk)  
Or  
Pasta with homemade  
tomato sauce

Homemade wholemeal  
bread (wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Marco's Fish Tacos  
(fish)  
Or  
Jacket potatoes with  
cheese and beans  
(milk)

Taco  
Salsa  
Steamed Rice  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Pea soup  
with homemade garlic  
bread (wheat)

Salad bar  
Seasonal vegetables

THURSDAY

Cheese whirls  
(wheat, milk)  
OR  
Homemade sausage roll  
(wheat)

Homemade wholemeal  
bread (wheat)  
Salad bar  
Seasonal vegetables

FRIDAY

Crispy Chicken Thighs  
(wheat)  
OR  
Bread crumbed Halloumi  
(milk, wheat)

Skin on French fries  
Salad bar  
Seasonal vegetables  
Ketchup  
(sulphites)

Allergen free options will always be available and we aim to match at least 1  
choice from the set menu (common allergens labelled)

# WEEK 2

W/B: 9th September  
30<sup>th</sup> September and  
21<sup>st</sup> October

## HOT SPECIALS

## DAILY FAVES

MONDAY

Spaghetti Bolognese  
(wheat)  
OR  
Red Pesto Pasta  
(wheat and milk)

Homemade wholemeal  
bread  
(wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Roasted rainbow trout  
(fish)  
OR  
Jacket potatoes with  
cheese and beans  
(milk)

Homemade wholemeal  
bread (wheat)  
Roast potato  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Roasted Tomato Soup  
with homemade garlic  
bread (wheat)

Salad bar  
Seasonal vegetables

THURSDAY

Roasted Chicken tray  
bake  
Or  
Roasted Cauliflower tray  
bake

Homemade wholemeal  
bread (wheat)  
Seasonal vegetables

FRIDAY

Breaded Fish of the Day  
(wheat, fish)  
OR  
Bread crumbed Halloumi  
(milk, wheat)

Skin on French fries  
Salad bar  
Seasonal vegetables  
Ketchup  
(sulphites)

\* Allergen free options will always be available and we aim to match at least 1  
choice from the set menu (common allergens labelled)

# WEEK 3

W/B: 16<sup>th</sup> September  
and 7<sup>th</sup> October

## HOT SPECIALS

## DAILY FAVES

MONDAY

Mac n' cheese  
(wheat and milk)  
OR  
Pasta with homemade  
tomato sauce (wheat)

Homemade wholemeal  
(wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Chicken Taco  
Or  
Jacket potatoes with tuna  
mayo and beans  
(fish, milk)

Tacos  
Salsa  
Steamed Rice  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Roasted Tomato Soup  
with homemade garlic  
bread (Wheat)

Salad bar  
Seasonal vegetables

THURSDAY

Roasted Fish of the day  
(fish)  
Or  
Jacket potatoes with  
beans and cheese  
(milk)

Homemade wholemeal  
bread  
(wheat)  
Roast potatoes  
Salad bar  
Seasonal vegetables

FRIDAY

Homemade Beef burgers  
(wheat, milk, mustard, egg)  
Or  
Homemade Vegetarian  
burgers  
(wheat, egg and milk)

Skin on French fries  
Salad bar  
Seasonal vegetables  
Homemade Ketchup  
(sulphites)

Allergen free options will always be available and we aim to match at least 1  
choice from the set menu (common allergens labelled)