



THE GROVE SCHOOL NEWSLETTER

Wednesday 4th March

SHOUT OUTS TO

Dove Tree Class, Freya – Learning, for completing all of her Rainbow Challenges with enthusiasm. Eleanor, Love, for always being so kind helpful and considerate of others.

Lilac Tree Class, Red, Love - playing kindly with others. Viktoriia, Communication, expressing her ideas in writing.

Lime Tree Class, Dalton - Kindness, for always making sure his friends are OK and offering to help. Alice, Love, always being such a lovely, kind, loving member of the class.

Willow Tree Class, Nell, Love, for being such a kind and friendly member of Willow. Moby, Learning - incredible work in fractions.

Mountain Ash Tree Class, Jesse, Learning, for amazing work all week. Maizie, Learning, for coming up with your own ideas.

Juniper Tree Class, Ferial, Individuality, for being such an enthusiastic member of class who radiates positivity. Seb, Learning, for great work on prepositional phrases.

Flame Tree Class, Harley, Love, for tackling all your assessments with a smile and lovely attitude. Cormac, Happiness - wow you are always amazing smashing all your learning and being a good friend.

Ginkgo Tree Class, Iggy, Learning, for being really focused all week in every lesson you've had an amazing week! Toby, Individuality, for being a super member of Ginkgo Class. You are a great friend, so helpful and a super learner.

Trumpet Tree Class, Rosie, Learning, for succeeding in getting full marks on her 40/40 arithmetic test. April, Individuality, for being a fantastic, cooperative learning partner.

Don't have time to read all the newsletter?

Here are the essentials in summary:

- ☺ After School Club
- ☺ World Book Day
- ☺ Behaviour as communication - tips and discussions about how to manage behaviours
- ☺ Please check for headlice – see below for advice
- ☺ Year 6 Leavers Hoodies link <https://forms.gle/jYg7DAcynRt6XsWe8>
- ☺ PTA news and events

More info on all these below or ask at the front desk



After School Club

After Easter the After School Club will come under school management. We are extremely grateful to Sarah A and the team for running it so well over all these years.

It will continue to be run by Grove staff but there will be a few minor changes or things to note:

- Sarah's last day is Tuesday 31st March. For those that have already booked for 1st & 2nd April before the Easter break, we will set up a payment item on ParentPay to confirm your booking(s). Please look out for this next week.
- Going forward you will be able to book After School Club through ParentPay. Please wait for more information on this while we set it up.
- For any queries please contact Sarah Morrison at smorrison@the-grove-primary.devon.sch.uk



World Book Day

This year we will be celebrating World Book Day this **Friday 6th March** and we have lots of fun things planned for the day. The children will be able to come to school dressed as a book character or in their pyjamas and the PTA will be selling second hand costumes in the reception area from Monday 23rd February.

Book Swap!

We aren't collecting mufti money for this year, but if you would like to donate a preloved, good quality book from your family, then we will be collecting these in from Monday the 23rd February. There will be a box at the front entrance to put your donations in. (Please can we request that you don't donate annuals, colouring books etc) On World Book Day, we are hoping that these books will be available throughout the day for the children to choose a book from should they wish to, but this will depend upon the number of books donated.

Reading Café

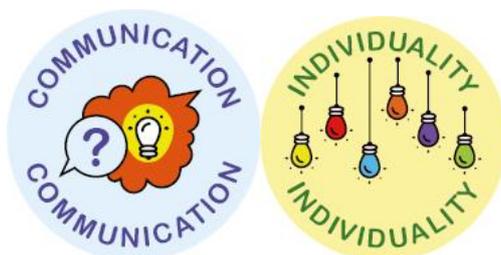
During the afternoon of World Book Day (6th March) from 2pm until 4pm we will be running a reading café in the school hall, like we did last year, where parents/carers can come in and share books with their children. There will also be tea, coffee, squash and cakes for sale and parents/carers can come drop in at a time convenient for them.

Competition

We'd like to invite the children to join in with our competition linked to World Book Day by decorating a paper plate connected to a favourite book/character. We will be sending home a paper plate before the half term with every child and they need to be returned by Friday 6th March to be entered into the competition. We will be sharing ideas for decorating the plates and the children can decorate their plates at school on World Book Day if they'd rather.

There will be a 1st, 2nd and 3rd prize for each key stage and some runners up prizes too.

Competition winners will be announced in the week after World Book Day and the plates will be displayed in the school corridor as part of our literacy display.



Behaviour as communication – tantrums / meltdowns – Week 4

Tantrums aren't "bad behaviour" — they're a child's nervous system going into overload. When parents respond with structure and calm, kids learn emotional regulation far more quickly. Tantrums are developmentally normal, the goal isn't to 'stop' tantrums but to help the children learn how to self-regulate their feelings and express their emotions – this takes time!

During the tantrum:

1. Stay steady and reassuring "Your feelings are really big right now. I'm here with you."
2. Keep limits clear but calm "I won't let you hit or throw things. You're safe, and I'm keeping you safe."
3. Offer support without pressure "If you want a hug, I'm right here. If you need space, that's okay too."
4. Ride it out with them "I know this is hard. I'll stay close until your body feels calmer."

After the Tantrum:

Reconnect first: "That was tough. You worked hard to calm down."

Name the feeling: "It seemed like you felt really frustrated when it was time to stop playing."

Teach the next step: "Next time you feel that upset, we can try taking a breath or asking for help."

If the tantrums happen often:

Watch for triggers

Common ones include:

- Hunger or tiredness
- Transitions
- Overstimulation
- Feeling powerless

Understanding patterns helps prevent future meltdowns.

Give choices to build autonomy

- "Red cup or blue cup?"
- "Shoes on now or in two minutes?" Small choices reduce power struggles.

Practice emotional skills when the child is calm

- Name feelings in everyday moments.
- Model coping strategies like deep breaths or taking a break.

If you have any areas of behaviour that you may like guidance on, or if you'd like to share some top tips or guidance with others, please do email in your suggestions to head@the-grove-primary.devon.sch.uk.

Head Lice

A reminder to please check your child(ren) for head lice.

Head lice can make your head feel itchy.

The only way to be sure someone has head lice is by finding live lice.

You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

Check everyone you live with, or have close contact with, and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice. You do not need to wash your laundry on a hot wash.

Wet combing

Lice and nits can be removed by wet combing.

You can buy a special fine-toothed comb (detection comb) online or from pharmacies to remove head lice and nits.

There may be instructions on the pack, but usually you:

- wash hair with ordinary shampoo
 - apply lots of conditioner (any conditioner will do)
 - comb the whole head of hair, using the detection comb, from the roots to the ends
- It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair. When you've finished combing the hair, comb through all the hair again for a second time.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

If wet combing has not worked or is not suitable, you could try a medicated lotion or spray. These kill head lice in all types of hair, and you can buy them from pharmacies, supermarkets or online.

Year 6 Leavers' Hoodies

Please could you make sure you order your child's Leavers' Hoodie before 25th March through the link below:

<https://forms.gle/jYg7DAcynRt6XsWe8>

PTA NEWS

Please put these dates in your diary and watch this space for further information!

PTA dates for your diary

Pre loved World Book Day costumes are on sale

This Friday 6th March:

- World Book Day
- Reading café 2pm-4:00pm
- Easter Hamper tickets

Friday 13th March – Mother's Day gifts home

Friday 20th March – Easter disco

Friday 27th March – Bingo night

Thursday 2nd April:

- Easter bonnet/hat competition
- Easter hamper raffle
- Mufti £1 donation



Remember - if you are up for helping with any event, please let us know by emailing jennir@the-grove-primary.devon.sch.uk



Cake Sale

This Friday is Acorns turn to bake. We look forward to their delicious treats! After school in the hall. Cakes are 50p each (card/cash)

(Next week will be Willow Class's turn to bake)

World Book Day Costumes

World Book Day pre love costumes are on sale at £2 each (Cash/card) at the front entrance.

Easter Raffle

Tickets will go on sale this Friday 6th March, available from the front desk, £1 per ticket.

Easter Disco - Friday 20th March

Permission slips will go out tomorrow. You can pay on ParentPay, cash or card. Please pay by Wednesday 18th March. Let Jenni know if you can help.



Easter Bingo - Friday 27th March

Get your dabbers ready for Friday 27th March!
Doors open at 6:30pm. Eyes down at 7pm

This is open to everyone not just Grove Schoolers so please let family and friends know. Children are welcome - probably more suited to Year 3 and above, but it's up to you.
Come along and enjoy the fun!

Rainbow Prizes

It's an ask please. If you could donate items in your child's year group colour that we can use for prizes at our Easter bingo. (No fresh food items please)
Please bring them in to school from 16th - 25th March. Thank you!

Acorns - Pink

Year 1 - Red

Year 2 – Orange

Year 3 - Yellow

Year 4 - Green

Year 5 - Blue

Year 6 – Purple



Easter Bonnet Hat Competition - Friday 2nd April

(Last Day of term)

Get designing your hat - we can't wait to see your amazing creations! This is also a mufti day for £1.



The Grove School PTA Facebook Page

The Grove School PTA Facebook Page will also keep you up to date on events - e.g. discos, fundraisers, bake sales etc.



Dates for your diary this term <http://www.the-grove-primary.devon.sch.uk/web/calendar/256154>

World Book Day – Friday 6th March

Flame tree planting @ Sharpham – Friday 13th March. Please sign up on ParentPay

Heights and Weights Reception and Year 6 – Thursday 26th March

Yr 1/2 Spring Concert - Tuesday 31st March and Wednesday 1st April

Year 5 Residential Okehampton Adventure - Wednesday 1st April – Thursday 2nd April

Kind regards,

Hilary Priest

Adverts – please note that the school is neither recommending nor supporting the adverts below. If you wish to advertise in our newsletter then please contact the school for details.



THE GROVE SCHOOL PTA
PRESENTS

DISCO



FRIDAY 20TH MARCH

ACORNS, Y1 & Y2 : 3.15PM - 4.15PM £4

Y3 & Y4 : 4.30PM - 5.30PM £4

Y5 & Y6 : 5.45PM - 6.45PM £4



Easter *Bingo*

Friday 27th March 2026

Doors Open
6.30pm

Grove School Hall.

Eyes Down 7pm

Bingo Caller **Rob Ashford!**



EASTER HAT

COMPETITION

THURSDAY 2ND
APRIL

GET DESIGNING
YOUR FABULOUS
CREATIONS!

Prizes for the best Easter
Hat!

Mufti for £1!



EASTER RAFFLE

Lots of Fabulous Prizes!

Tickets £1 each from the
Front Desk.

TO BE DRAWN
ON THE 2ND OF
APRIL.



THURSDAY

FITNESS CLASSES FOR

WOMEN



at Totnes Methodist
Church Hall

5.30-6.30pm

A fantastic, stress
busting way to get fit for
all fitness levels!

non contact boxing
drills.

Circuit style workouts.

LADIES
BOXERCISE®

6.45-7.30pm

Easy to follow, great
energy aerobics style
workout. Judgement
free- pressure free. And
a whole lot of fun!



£9 per class. Discount for block booking.

Booking : <https://bettertogetherbecca.co.uk/wp>

[booking-calendar/#/events](#)

for more information contact Becca

07445495059 info@bettertogetherbecca.co.uk



Young People's Theatre Playground Arts Holiday Clubs



2026



Easter Clubs 2 days April

6-10 yrs 14th & 15th April

10am - 3pm £68

10-16 yrs 16th & 17th April

10am - 4pm £72

Summer Schools 5 days August

6-10 yrs 17-20th Aug

10am - 4pm £148

10-16 yrs 10-14th Aug

10am - 4pm £185



To book or request info contact Sarah 07387553237
playgroundartstheatre@gmail.com

THE
MANSION

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Buckfastleigh
Town Council

EASTER SPECIAL



DAILY Football & Multi-Sport ACTIVITIES



FREE to ALL Children
aged 5-14 eligible for
Benefit Related Free School Meals

[£25 per day for pupils not eligible]

NUTRITION
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**NUTRITIOUS
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EVERY DAY**

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DAILY 10am to 3pm

For locations, dates and bookings please visit

SHEARSOCCKER.CO.UK



for more information contact
ADAM SHEARER 07967 124844



TORQUAY | PAIGNTON | TOTNES | NEWTON ABBOT | DARTMOUTH



Pay What You Feel Cafe

Saturday 7th March

Teas, filter coffee & cakes from 11am

Hot lunch buffet 12 noon until 2pm

United Free Church, Totnes TQ9 5RP

Live music, free entry, no need to book

Our food is local, surplus, organic. All profits support local families in crisis with fresh food.





**SUPER SPRING SALE
ON ALL PRE-LOVED
BICYCLES!**

**20% OFF ALL BIKES IN
MARCH!**

**THE MANSION, 36 FORE STREET. WALK
PAST THE CANTEEN AND LIBRARY AND
WE'RE ON THE RIGHT**