**Silver Drama**

**Challenge:**

Dramatically re-tell a favourite ‘Once upon a time’ story to a Reception class. Have the book open for them all to see and practise putting on different voices for all of the different characters.

**Assessor’s Role:**

Please allow a five-minute slot for a child to read a story to your class. He or she should have the book at the ready and be able to retell the story with ‘voices’ to help your young children to gain a good understanding.  
Please look at his or her self-assessment and discuss how you both felt the storytelling went.   
Write a wee comment in the booklet, sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Swimming**

**Challenge:**

A. Demonstrate one length each of front crawl, breaststroke and backstroke.

B. Collect something from the bottom of the pool.

C. Demonstrate a mushroom float.

**Assessor Role:**

If you have your own school pool and are assessing the Silver swimmers, please ensure that they have completed their self-assessment properly and can perform well in the pool. If you think there is an area that needs improvement, please spend any time you feel you have available giving them pointers.  
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**First Aid**

**Challenge:**

**Show how to** look after an unresponsive casualty (check breathing then put into the recovery position)

Know when and how to apply a sling.

Be able to help a choking patient.

**Assessor’s Role:**

Watch to see that your challenger can put someone into the recovery position properly.  
Watch them demonstrate how to apply a triangular bandage to a pretend casualty. Ask them when it is likely someone might need a sling (suspected broken collar bone or wrist etc).  
Ask them to demonstrate how to help a choking casualty. (5 back slaps then abdominal thrust).   
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Eco Challenge**

**Challenge:**

Taking care of our environment.

Go on a long walk. Take a poly bag with you.

If you see any litter on your outdoor adventure, pick it up and put it in your bag.

Know how to stay safe and only pick up recognisable litter.

At the end of the trip, put the bag securely in a bin. Thank you.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and ask him or her questions on any significant information. Discuss where they went and how much rubbish they found.

Ask if he or she will be more vigilant in the future when it comes to putting things in the ‘bin’.  
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Domestic Challenge**

**Challenge:**

You never know when the day might come when you will be invited out for a three course meal or perhaps you might have to set a table for someone else. Either way, it’s important to know what all of the cutlery is for!

Your challenge is to find out how to create a table setting for a starter, main course and dessert. There will need to be a napkin and the glass should be in the right place. There is a right and a wrong way to place the cutlery!

Any extra table decoration would be fabulous as well e.g. fancy napkin folding! You could try the ‘lily’ or the ‘rosebud’ or the ‘peacock’! Have some fun with it.

**Assessor’s Role:**

Please take a look at the child’s responses to the self-assessment questions and discuss what he or she did.

Ask about their table design and where he or she got the help needed to be able to set the table properly.

Is his or her glass in the right place?

Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**ICT**

**Challenge:**

Use your computer skills to create a Party Invitation. You must include all the details a guest will need to know. It can be any sort of party- e.g. Football Party, BBQ, Movie Party, etc. You should add at least one picture and at least two fonts. Most importantly your invitation must be well laid out and attractive. It must be your own invention - start with a blank page.   
Do not use any kind of Invitation Wizard.

(Make sure the recipient knows whether it is a real or fictitious party!)

**Assessor’s Role:**

Look at the challenger’s party invitation. Has he or she included all of the details a guest will need to know? Is there a noticeable theme? Has he or she remembered to include:

* at least one picture
* and at least two fonts.

Most importantly, the invitation should be well laid out and attractive and should be their own work. Be strict; if it could be better, ask that they do it again.

Read his or her self-assessment and ask any significant questions.   
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Interest**

**Challenge:**

Learn to sew.

Sew on a button and a name tag

and

sew a ‘creation’ to bring into school

(could be a bag, clothing, cushion, toy, soft baby book etc.).

**Assessor’s Role:**

With a critical, yet sympathetic eye, look at the button and name tag he or she has sewn on.  
Then look at their ‘creation’. Discuss the problems they had along the way.  
Read his or her self-assessment and ask any significant questions.   
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Modern Languages**

**Challenge:**

Write a postcard to a friend in another language like French, German, Spanish and Portuguese etc.

Or, learn a poem or song in a foreign language to perform in front of your class.

Or learn to play a piece of music which comes from a country where a foreign language is spoken.

**Assessor’s Role:**

Either:  
A. look at what has been written in the postcard and have some fun translating it  
B. or hear the foreign poem or song  
C. or listen to the piece of music from their chosen country.

Read his or her self-assessment to hear how he or she had found the challenge.  
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Cookery**

**Challenge:**

Make a pot of soup.

Choose your recipe, learn to peel and chop carefully and follow the instructions to make a pot of tasty soup for your family’s dinner. Take care now, it’ll be very hot! Make sure you present your recipe and instructions carefully for your assessor to follow should she want to make some for him or herself!

**Assessor Role:**

How does the soup look and taste? Read the instructions and bring attention to any significant details in his or her recipe.

Take a copy of the recipe if it’s a good one so that it could be added to a Junior Duke recipe book. Send good ones to: [dawn@juniorduke.com](mailto:dawn@juniorduke.com)   
Read his or her self-assessment answers. Ask what soup he or she might like to make next time.  
Sign it, date it and send him or her to the House Representative to get a dot on the wall.

**Music**

**Challenge:**

Give a solo performance in class or at a school concert of a suitable piece agreed with your Instrumental Instructor or music teacher.

**Assessor’s Role:**

Listen to his or her piece and, with your musical ear, make comment and decide if it has made the criteria. Be strict. If you think the piece could be better, tell them to come back after practising.  
Read his or her self-assessment and discuss any significant information.  
Sign it, date it and send him or her to the House Representative to get a dot on the wall.