

Designed by  
Rebecca Wall



# THE CHILDREN'S KITCHEN

THREE WEEK

MENU

# WEEK 1

W/B: 8th June, 29<sup>th</sup>  
June, 20<sup>th</sup> July

## HOT SPECIALS

## DAILY FAVES

MONDAY

Homemade pesto pasta  
(wheat)  
Or  
Pasta with homemade  
tomato sauce  
(wheat, celery)

Homemade bread (wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Oven baked white fish  
Roasted pepper and  
tomato sauce (fish)  
Or  
Jacket potatoes with  
cheese and beans (milk)

Homemade bread (wheat)  
Wholemeal Rice  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Egg fried rice with  
edamame beans  
(soy, egg)

Homemade bread (wheat)  
Salad bar  
Seasonal vegetables

THURSDAY

Beef lasagne  
(wheat, celery, milk)  
OR  
Homemade tomato  
whirls  
(wheat)

Homemade bread (wheat)  
Roast potatoes  
Salad bar  
Seasonal vegetables

FRIDAY

BBQ Sticky Chicken  
Wings  
OR  
Bread crumbed  
Halloumi/Tofu  
(milk, wheat, soya)

Homemade bread (wheat)  
Skin on French fries  
Salad bar  
Seasonal vegetables  
Cake of the day  
(wheat)

Allergen free options will always be available and we aim to match at least 1  
choice from the set menu (common allergens labelled)

Fruit and yoghurt available daily

# WEEK 2

W/B: 15<sup>th</sup> June,  
6<sup>th</sup> July

## HOT SPECIALS

## DAILY FAVES

MONDAY

Mac n' cheese  
(wheat, milk)  
OR  
Pasta with homemade  
tomato sauce  
(wheat, celery)

Homemade bread (wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Oven baked salmon  
Roasted pepper and  
tomato sauce  
(fish)  
OR  
Veggie chilli con carne  
(soya)

Homemade bread (wheat)  
Soft tacos (Wheat)  
Wholemeal Rice  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Vegetarian Paella  
(soya, celery)

Homemade bread (wheat)  
Salad bar  
Seasonal vegetables

THURSDAY

Homemade sausage roll  
(wheat)  
Or  
Homemade Moroccan  
vegetarian falafel  
(wheat)

Homemade bread (wheat)  
Seasonal vegetables  
Roast potatoes

FRIDAY

Breaded Fish of the Day  
(wheat, fish)  
Or  
Cauliflower popcorn  
(wheat)

Homemade bread (wheat)  
Skin on French fries  
Salad bar  
Seasonal vegetables  
Cake of the day  
(wheat)

\* Allergen free options will always be available and we aim to match at least 1  
choice from the set menu (common allergens labelled)

# WEEK 3

W/B: 22<sup>nd</sup> June, 13<sup>th</sup> July

## HOT SPECIALS

## DAILY FAVES

MONDAY

Homemade pesto pasta  
(wheat, milk)  
Or  
Pasta with homemade  
tomato sauce  
(wheat, celery)

Homemade bread  
(wheat)  
Salad bar  
Seasonal vegetables

TUESDAY

Tex-mex bean Taco (mild)  
Or  
Jacket potatoes with  
mackerel/tuna mayo or  
hummus  
(fish)

Homemade bread (wheat)  
Soft tacos (Wheat)  
wholemeal Rice  
Salad bar  
Seasonal vegetables

WEDNESDAY

Make your own Pizza  
(wheat, milk)  
Or  
Homemade Tomato Soup  
with homemade garlic  
bread  
(wheat)

Homemade bread (wheat)  
Salad bar  
Seasonal vegetables

THURSDAY

Roast of the day  
Or  
Homemade veggie  
fritters  
(wheat)

Homemade bread (wheat)  
Roast potatoes  
Homemade gravy  
Salad bar  
Seasonal vegetables

FRIDAY

Crispy Kentucky Chicken  
(wheat)  
OR  
Tofu kebabs  
(wheat, Soya)

Homemade bread (wheat)  
Skin on French fries  
Salad bar  
Seasonal vegetables  
Cake of the day  
(wheat)

Allergen free options will always be available and we aim to match at least 1 choice from the set menu (common allergens labelled)