



Designed by
Rebecca Lovell

THE CHILDREN'S KITCHEN

THREE WEEK

MENU

WEEK 1

W/B: 23rd February,
16th March

HOT SPECIALS

DAILY FAVES

MONDAY

Homemade pesto pasta
(wheat, milk)
Or
Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread (wheat)
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

TUESDAY

Oven baked white fish,
roasted pepper and tomato
sauce (fish)
Or
Jacket potatoes with
cheese and beans (milk)

Homemade bread (wheat)
Wholemeal Rice
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own pizza
(wheat, milk)
Or
Egg fried rice with
edamame beans
(soy, egg)

Salad bar
Seasonal vegetables

THURSDAY

Beef lasagne
(wheat, milk and celery)
Or
Homemade tomato,
cheese whirls
(wheat, milk)

Homemade bread (wheat)
Salad bar
Seasonal vegetables

FRIDAY

Crispy kentucky chicken
(wheat)
Or
Breadcrumbs
halloumi/tofu
(milk, wheat, soya)

Homemade bread (wheat)
Skin on French fries
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)

Fruit and yoghurt available daily

WEEK 2

W/B: 2nd March,
23rd March

HOT SPECIALS

DAILY FAVES

MONDAY

Mac n' cheese

(wheat and milk)

Or

Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread (wheat)

Salad bar

Seasonal vegetables

Cake of the day
(wheat, egg)

TUESDAY

Oven baked salmon,
roasted pepper and tomato
sauce
(fish)

Or

Veggie chilli con carne
(soya)

Homemade bread (wheat)

Soft tacos (Wheat)

Wholemeal Rice

Salad bar

Seasonal vegetables

WEDNESDAY

Make your own pizza
(wheat, milk)

Or

Vegetarian noodle soup
(soya)

Salad bar

Seasonal vegetables

THURSDAY

Homemade sausage roll
(wheat)

Or

Homemade Moroccan
vegetarian falafel
(wheat, milk)

Homemade bread (wheat)

Seasonal vegetables

Steamed rice

Cake of the day
(wheat, egg)

FRIDAY

BBQ chicken drumsticks

Or

BBQ cauliflower popcorn

Homemade bread (wheat)

Skin on French fries

Salad bar

Seasonal vegetables

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choice from the set menu (common allergens labelled)

WEEK 3

W/B: 9th March,
30th March

HOT SPECIALS

DAILY FAVES

MONDAY

Homemade pesto pasta
(wheat, milk)
Or
Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

TUESDAY

Tex-mex bean taco (mild)
Or
Jacket potatoes with
mackerel/tuna mayo or
hummus (fish)

Soft tacos (Wheat)
wholemeal Rice
Salad bar
Seasonal vegetables

WEDNESDAY

Make your own pizza
(wheat, milk)
Or
Homemade tomato soup
with homemade garlic
bread (Wheat)

Salad bar
Seasonal vegetables

THURSDAY

Roast of the day
Or
Homemade veggie
fritters
(wheat)

Homemade bread (wheat)
Roast potatoes
Homemade gravy
Salad bar
Seasonal vegetables
Cake of the day
(wheat, egg)

FRIDAY

Breaded fish of the day
(wheat, fish)
Or
Breadcrumbed
halloumi/tofu
(milk, wheat, Soya)

Skin on French fries
Salad bar
Seasonal vegetables

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)