



THE CHILDREN'S KITCHEN

THREE WEEK MENU

AUTUMN TERM

£2.50

WEEK 1

W/B: 1st September,
22nd September and
13th October

HOT SPECIALS

DAILY FAVES

MONDAY

Mushroom carbonara
(wheat, milk, egg)
Or
Pasta with homemade
tomato sauce
(wheat, celery)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables
Fresh fruit salad

TUESDAY

Oven baked white fish
(fish)
Or
Jacket potatoes with
cheese and beans
(milk)

Homemade bread (wheat)
Steamed Rice
Salad bar
Seasonal vegetables
Butternut squash cake
(wheat)

WEDNESDAY

Make your own Pizza
(wheat, milk)
Or
Egg fried rice
(egg)

Salad bar
Seasonal vegetables
Vegan fruit jelly

THURSDAY

Cheese whirls
(wheat, milk)
OR
Beef lasagne
(wheat, celery)

Homemade bread (wheat)
Salad bar
Seasonal vegetables
Fresh yoghurt with fruit
compote
(milk)

FRIDAY

Crispy Kentucky Chicken
thighs
(wheat)
OR
Bread crumbed Halloumi
(milk, wheat)

Skin on French fries
Salad bar
Seasonal vegetables
Fruit flapjack
(milk, wheat)

Allergen free options will always be available and we aim to match at least 1
choice from the set menu (common allergens labelled)

WEEK 2

W/B: 8th September
29th September
20th October

HOT SPECIALS

DAILY FAVES

MONDAY

Mac n' cheese
(wheat and milk)
OR
Pasta with homemade
tomato sauce (wheat)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables
Fresh fruit salad

TUESDAY

Roasted rainbow trout
(fish)
OR
Jacket potatoes with
cheese and beans
(milk)

Homemade bread (wheat)
Roast potatoes
Salad bar
Seasonal vegetables
Homemade granola bars
(wheat)

WEDNESDAY

Make your own Pizza
(wheat, milk)
Or
Vegetarian noodle soup

Salad bar
Seasonal vegetables
Yoghurt and lemon cake
(wheat, milk, egg)

THURSDAY

Homemade sausage and
mash
(milk)
Or
Crispy Veggie Nuggets
(wheat)

Homemade bread (wheat)
Seasonal vegetables
Steamed rice
Fresh yoghurt with fruit
compote
(milk)

FRIDAY

BBQ Chicken
Drumsticks
(mustard, sulphites, wheat)
Or
BBQ Cauliflower popcorn
(mustard, sulphites, wheat)

Skin on French fries
Salad bar
Seasonal vegetables
Homemade chocolate
fudge cake
(wheat, egg, milk)

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choice from the set menu (common allergens labelled)

WEEK 3

W/B: 15th September
and 6th October

HOT SPECIALS

DAILY FAVES

MONDAY

Spaghetti Bolognese
(wheat)
OR
Mac n' cheese
(wheat and milk)

Homemade bread
(wheat)
Salad bar
Seasonal vegetables
Fresh fruit salad

TUESDAY

Tex-mex bean Taco (mild)
Or
Jacket potatoes with
mackerel/tuna mayo and
beans
(fish, milk)

Soft tacos (Wheat)
Steamed Rice
Salad bar
Seasonal vegetables
Fresh yoghurt with fruit
compote (milk)

WEDNESDAY

Make your own Pizza
(wheat, milk)
Or
Homemade Tomato Soup
with homemade garlic
bread (Wheat)

Salad bar
Seasonal vegetables
Homemade granola bars
(wheat)

THURSDAY

Chicken roast
Or
Vegetarian puff pastry
slice
(wheat, milk)

Homemade bread
(wheat)
Roast potatoes
Salad bar
Seasonal vegetables
Sticky toffee pudding
(wheat, milk, egg)

FRIDAY

Breaded Fish of the Day
(wheat, fish)
OR
Bread crumbed Halloumi
(milk, wheat)

Skin on French fries
Salad bar
Seasonal vegetables
Vegan fruit jelly

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choice from the set menu (common allergens labelled)