**HAPPINESS**

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| **VALUE** | **What we believe in and why?** | **How do we do it?**  **The difference we make.** |
| **HAPPINESS** | **Care** – enables us to feel loved and builds strong relationships. Caring for others helps to develop empathy and the ability to connect with people, even in difficult times. | * Involvement in our community – singing carols * Celebrate achievements – celebrate individual talents and find something that every child is good at. ALL adults involved. * Give children ownership and freedom * Grove mind set * We are not goal orientated – we celebrate the whole process * Trauma informed * Reward systems – polar bears, newsletters, assemblies, parents evening, open evening * Grove 100 * Our curriculum is fun and engaging * We don’t judge or discriminate * Team spirit throughout the school * Make effort to connect with all children * Positivity throughout * Show children and every member of the community a high level of respect. * Team Grove * Promote healthy living, eating, mind * Hugging school * We listen to the children and respond to their needs * Support within the school – Chandra, SENDCO, SLT * Adults model care, positivity, respect, connection, optimism, passion and love.   **Our children are caring, friendly, positive, fun, supportive, optimistic, healthy, respectful, passionate and loving.** |
| **Friendship** – helps you celebrate good times and provides support during tricky times. Friendship prevents isolation and loneliness and increases our sense of belonging and purpose. |
| **Positivity** – helps us to develop inner peace, success, improved relationships, better health, happiness and personal satisfaction. |
| **Fun** – allows us to connect and create bonds with others. Fun leads to positivity and a healthy mind and body. |
| **Support** – enables higher levels of well-being, better coping skills and a longer healthier life. |
| **Connection** – provides us with happiness, security, support and a sense of purpose. Being connected is important for our mental and physical wellbeing. |
| **Freedom** – gives us the privilege to express our thoughts and speak our mind; it gives us the opportunity to take risks, make mistakes, learn from them and improve our skills. Freedom can lead to creativity and a high quality of life. |
| **Optimism** – builds resilience and allows us to keep our goals and dreams and be motivated towards them which in turn helps us have higher self-esteem. |
| **Health** – prevents illness and injury and gives us a positive self-esteem and self-image which makes us happy. |
| **Respect** – helps us to feel safe and allows us to express ourselves |
| **Passion** – creates positivity, resilience and allows us to be more than we possibly knew. |
| **Love** – this connection allows us to maintain positive ,long-lasting relationships, be confident and have a high self-esteem |