

# THE CHILDREN'S KITCHEN



THREE WEEK MENU

SUMMER TERM

£2.50

Every meal will be served with a dessert of the day. Dessert examples: reduced sugar and fruit/veg incorporated Cake twice a week, fresh fruit platter, Greek yogurt and honey or fruit compote. Water (or milk on request) to

#### WEEK 1 W/B: 15th April and

## HOT SPECIALS

### DAILY FAVES

NESDAY TUESDAY MONDA

FRIDAY THURSDAY

Mac n' cheese (wheat and milk) Pasta with Tomato Sauce (wheat)

Marco's Fish Tacos (fish) Or lacket potatoes with cheese and beans

(milk)

Make your own Pizza (wheat, milk) Or **Tomato Soup** with homemade garlic bread (Wheat)

> Homemade Sausage Roll (wheat) OR Vegetarian Roll (wheat)

Chicken Drumsticks OR Breadcrumbed Halloumi (milk, wheat)

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

**Tacos** Salsa Steamed Rice Salad bar Seasonal vegetables

Salad bar Seasonal vegetables

Salad bar Seasonal vegetables

Chips Salad bar Seasonal vegetables Ketchup (sulphites)

# WEEK 2 W/B: 22nd April and 13th May

### HOT SPECIALS DAILY FAVES

EDNESDAY TUESDAY MONDA

FRIDAY THURSDAY

Spaghetti Bolognese (wheat) OR Pesto Pasta (wheat and milk)

Vegetarian Noodle Soup lacket potatoes with tuna/pilchard mayonnaise or beans and cheese

(eggs, milk, fish)

Make your own Pizza (wheat, milk) Or Tomato Soup with homemade garlic bread (Wheat)

Chicken Fajita With cheese and sour cream (Milk) Or Aubergine Parmigiana

(Milk)

Fish of the Day OR Breadcrumbed Halloumi (milk, wheat)

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

Homemade wholemeal bread Salad bar Seasonal vegetables

Salad bar Seasonal vegetables

> Wraps (wheat) Steamed rice Shredded lettuce Salsa Salad bar

Chips Salad bar Seasonal vegetables Ketchup (sulphites)

Allergen free options will always be available and we aim to match at least I choice from the set menu (common allergens labelled)

# WEEK 3 W/B: 29th April and 20th May

### HOT SPECIALS DAILY FAVES

(wheat and milk) Pasta with Tomato Sauce (wheat)

Pesto Pasta

Homemade bread (wheat) Salad bar Seasonal vegetables

Chicken Taco Or Veggie Taco

Tacos Salsa Steamed Rice Salad bar Seasonal vegetables

VESDAY TUESDAY

Make your own Pizza (wheat, milk) Or Tomato Soup with homemade garlic bread (Wheat)

Salad bar Seasonal vegetables

Roasted Fish of the day (fish) Or lacket potatoes with beans and cheese (milk)

Homemade wholemeal bread (wheat) Salad bar Seasonal vegetables

Homemade Beef burgers (wheat, milk and mustard) Or Homemade Vegetarian burgers (wheat and milk)

French Fries Salad bar Seasonal vegetables Homemade Ketchup (sulphites)